

# PreK-Grade 8

## APRIL 2018 Child Nutrition Program



Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Grilled Cheese Sandwich Steamed Carrots, ½ cup Potato Smiles, ½ cup Fresh Fruit, ½ cup Choice of Milk	<b>3</b> <u><b>Taco Tuesday</b></u> *Pork Taco on Soft Shell Shredded Lettuce Red Kidney Beans, ½ cup Fresh Fruit, ½ cup Choice of Milk	<b>4</b> <u><b>Italian Day</b></u> Chicken Parmigiana On Slider Roll Steamed Broccoli, ½ cup Fruit Cup, ½ cup Choice of Milk	<b>5</b> Hot Turkey Ham Sandwich Sweet Potato Fries, ½ cup Fresh Fruit, ½ cup Choice of Milk	<b>6</b> Homemade Baked Ziti Steamed Green Beans, ½ cup Fresh Fruit, ½ cup Choice of Milk
<b>9</b> Baked Macaroni & Cheese Cucumber Coins, ½ cup Steamed Carrots, ½ cup Fresh Fruit, ½ cup Choice of Milk	<b>10</b> <u><b>Taco Tuesday</b></u> *Shredded Pork on Soft Shell Green Pepper Strips, ½ cup Potato Smiles, ½ cup Fresh Fruit, ½ cup Choice of Milk	<b>11</b> <u><b>Asian Day</b></u> BBQ Teriyaki Chicken Seasoned Brown Rice Steamed Broccoli, ½ cup Chilled Peach Cup, ½ cup Choice of Milk	<b>12</b> Chicken Smackers with Ketchup Bread Slice Vegetarian Beans, ½ cup Fresh Fruit, ½ cup Choice of Milk	<b>13</b> Potato Crusted Fish Patty on Slider Roll Carrot Sticks, ½ cup Fresh Fruit, ½ cup Choice of Milk
<b>16</b> Three- Bean Chili Seasoned Brown Rice Steamed Carrots, ½ cup Fresh Fruit, ½ cup Choice of Milk	<b>17</b> <u><b>Taco Tuesday</b></u> Turkey Taco on Soft Shell Black Bean Salad, ½ cup Roasted Corn, ½ cup Fruit Cup, ½ cup Choice of Milk	<b>18</b> <u><b>Build Your Own Burger</b></u> Hamburger on Slider Roll American Cheese & Sliced Tomato Sweet Potato Fries, ½ cup Fresh Fruit, ½ cup Choice of Milk	<b>19</b> *Pork Meatballs & Rotini Pasta Steamed Green Beans, ½ cup Fresh Fruit, ½ cup Choice of Milk	<b>20</b>  Cheese Pizza Steamed Broccoli, ½ cup Carrot Sticks, ½ cup Fresh Fruit, ½ cup Choice of Milk
<b>23</b> Colby Cheese Omelet Wrapped in Soft Shell Sweet Potato Fries, ½ cup Fresh Fruit, ½ cup Choice of Milk	<b>24</b> Chicken and Cheese Quesadilla Steamed Carrots, ½ cup Green Pepper Strips, ½ cup Fresh Fruit, ½ cup Choice of Milk	<b>25</b> Oven Crispy Chicken with Gravy Dinner Roll Black Bean Salad, ½ cup Roasted Corn, ½ cup Fruit Cup, ½ cup Choice of Milk	<b>26</b> Chicken Alfredo Pasta Steamed Broccoli, ½ cup Fresh Fruit, ½ cup Choice of Milk	<b>27</b> <u><b>Try Something New</b></u> Cheesy Stuffed Bread Sticks with Marinara Sauce Steamed Green Beans, ½ cup Fruit Cup, ½ cup Choice of Milk
<b>30</b> Grilled Cheese Sandwich Steamed Carrots, ½ cup Potato Smiles, ½ cup Fresh Fruit, ½ cup Choice of Milk				

**Available Daily**  
 Peanut Butter or Sun Butter & Jelly Sandwiches  
 American Cheese Sandwiches  
**A side salad (1 cup) of leafy dark green vegetable is offered daily.**  
**½ cup Fresh Fruit options will be offered daily**  
**Select a fruit AND/OR vegetable with your sandwich.**

You may also choose your choice of milk:  
**PreK-8 Participants:** Milk is available with every meal. Choose 1% White Milk or Fat Free White Milk daily.  
**K-8 Participants ONLY:** Fat Free Chocolate milk is available Tuesdays and Thursdays.  
**ALL GRAIN PRODUCTS ARE WHOLE GRAIN.**  
**ALL FOOD ITEMS MEET USDA: NSLP/SBP REQUIREMENTS.**  
**\*=pork item will be substituted with a non-pork item to equate meat/meat alternative**

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